The Dales Hang Gliding and Paragliding Club www.dhpc.org.uk November 2012

CLUB RADIO FREQUENCY 143.850Hz

CLUB RADIO FREQUENCY 143.850Hz

Email <u>katerawlinson@hotmail.co.uk</u> if you wish to submit anything for next month's mag. $Kate \varkappa$



First Thursday of the month 8pm start
 The Black Horse, Otley, Westgate LS21 3AS

Novembers Club Night



Ali Guthrie will be giving an inter-active talk about how to carry out successful flights from the Dales sites. Points that will be discussed will be as follows:

Details of his flights out of the Dales.

Tricks to successfully get away from the hill.

Staying high during your flight.

Understanding the effect of local met on your flight. Avoiding airspace and any other common mistakes.

Ali's intention during this evening is to deliver a session that will allow pilots an opportunity to reflect on their own flying and note some points to help them develop/ move on in their flying.

The session will be activity based, not just a chat, and I would encourage people coming to bring an airspace map, a pen and paper.

December Club Night





All full members of the Dales Hang Gliding and Paragliding Club are invited to submit formal proposals to

contacts@dhpc.org.uk
before 12th November 2012.

Come and join us for a free beer!

8pm start

Inside this month's issue:

- Chairman's Chat
- Ed's Coaching Column
- Ea's Coacning Column
 Members Articles
- Inter County Comp

AGM Stuff

- Book Review
- Coaches List



Chairman's Chat

Forgive me if this is a short one. I'm in the process of moving house. I'll be flitting over the border from Lancashire back into Yorkshire. Hopefully there will be a little less rain in Wetherby.

I will miss having Windbank, Pendle and Kilnsey a mere half hour's drive away but, with good access to the A1, the north Dales becomes a little more accessible. I'm planning to drop the Pennine Soaring Club in favour of the North Yorkshire Sailwings Club, and the delights of sites like Model Ridge. The journey to club nights and committee meetings in Otley is also reduced by about 15mins each way. If anyone lives in Wetherby and want's to buddy up I'd be glad to hear from you.

But the thing I am looking forward to most is having my gear around me, rather than living out of a bag/my car. I must have missed loads of flying this year either because I didn't have internet access to assess the weather properly, or charged batteries or a glider in the back of my car.

The van is booked for 6.30pm tonight so I really must start packing now.

Fly safely,

Martin Baxter Chairman

DHPC Committee Job Description

Competitions Members General

The club has 2 competitions members; one for Hang gliding and one for Paragliding. They are responsible to the Chairman for all flying competitions.

Ensure annual entry into the National XC League.

Encourage individuals to enter flights into the XC League, providing guidance where requested.

Encourage suitable paraglider pilots to enter the BPCup.

Encourage suitable hang glider pilots to enter the BOS.

Advertise for and identify suitable team members.

Maintain a list of team members and co-ordinate participation with other clubs and national organisations throughout the year.

Organise and co-ordinate the Baildon Sod.

Provide articles after each event for Skywords.

Nominate individuals for club trophies.



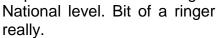
Ed's Coaching Column Thank you Mr Kagayama

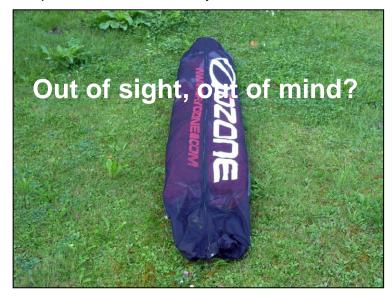
This month I'm a bit pushed for time so you'll have to contend with a few thoughts that came to me in the wee small hours. Although not directly about flying - it is related, and something to while away an occasional winter day.

If you've ever bought a glider from new, then before rushing to unfurl its wings, you may have marvelled at something that had me enthralled – the exquisite manner in which it had been packed at the factory. Every pleat, fold and plastic rib was laid against the next with milli-metric precision. It seemed almost a heresy to disturb such artistry with my clumsy touch. Being an Ozone glider, I was able to ask Mike Cavanagh how the girls (for they were) at the factory could get it so perfect. I think, behind the smile, the short answer was; they are specially chosen ones who have evolved with small hands, a deft touch and hold a doctorate in origami. They also do it repeatedly for a living.

Why mention all that? Well, at the end of each time we fly (or ground handle) we need to repack our glider and we don't have the benefit of a nifty lady, simply our own ability to fold it up as nice as we can and hide any faults in the bag – until the next time it comes out. Over the years paraglider folding has been a constant topic of interest; it's featured repeatedly on pg forum, and

youtube has lots of clips. In fact, Japan ran the world's first paraglider folding competition that was won by a woman who had also competed in extreme ironing at





Amongst all the skills we try master Ι feel overlooked. vet essential. repacking Reserve regarded as vitally important and to a degree I think the act of folding our wing away correctly should be also. The benefits and considerations of glider away folding your properly can be summed up as follows:

- You prolong the life of the wing both in terms of its appearance and the fabric.
 This can have a knock on effect for re-sale value.
- Each time you prepare for that first take off of the day you don't have knots to contend with. Any faults you pack away re-emerge to be sorted. (I have seen people struggle for an hour once it took me a complete spanner job!!)

- Gliders are now more sophisticated design-wise and for both safety and performance they need to be checked and packed properly. Plastic ribs have now found their way down the food chain – we are not talking a few top end gliders any longer.
- Packing up needs to consider the best method for fabric, lines and more recently ribs that combine in a single product.

At this point I must add it's do as I say; not as I do. I'm really not good with soft slippery things that don't stay where they are put. My mum did teach me to knit but I wasn't very good and never mastered casting on/casting off (she did that bit for me), so lots of thin micro lines just seem to snare me without due cause. However, I do have a system that to the ignorant passer by seems quite impressive.

I am a trailing edge first man – there are few around like me. I believe I use a version of the Kagayama method. (Ah ... that's where he got the title) I decided to go arse about face when Ozone put the zip on the wrong end of their saucise bag (they would dispute this). My first (long) bag was the original Cross Country Xcertina which zipped from the leading edge – I did find that more logical – but then I'm English. Being an engineer I read the manual for my M4, but that left me confused – more what NOT to do than to do. So being an engineer and a man - I ignored it! Hence Mr Kagayama won out over Mr Madsen (yet another method).

There are lots of methods out there, many of unknown origin and nameless. If you'd mentioned you were concertina packing a dozen years ago you were more likely to be invited to perform a sea shanty. In those days folding your wing was more akin to folding tea towels and most men could master that. Anyhow, a few questions for you:

- Do you know the recommended way to fold your wing?
- Do you ever study, watch or ask others how they do it?
- Do you leave it connected to your harness or disconnect? Reason?
- Do you have several different techniques to avoid 'sets' (creases in the same place)?
- How many folds lengthways do you make? (Anything with ribs should have no more than three – in the right places).
- Do you store the lower lines inside or outside your wing?
- Are you able to do it when it's windy? Wingtip to wind.
- Do you know the positions of all the ribs in your wing; not just the leading edge ones?
- Do you ever practice folding your wing or look for improved methods? (Aaah only when you come to sell it on).
- How do you store your wing for extended periods (two week plus)?
- Are you sure where you store it is pest and rodent free? (Don't laugh I know a
 pilot who discovered they make a great two up, two down for a growing
 family).
- How do you know it is (completely dry)?

I wouldn't dream of telling you how to iron your shirt, but with winter coming and possibly a long layoff from flying it may be a good idea to have a think about some

of the above. I have two gliders, and once home they share a single bed, stretched out side by side (nothing has ever happened – no little speed wings). If I think they are damp (and at this time of year the dew is starting to settle early, often as we pack away) then I partially unzip them to let the air circulate around their parts (still no speed wings or even the inkling of a stunt kite). Keeping lines, especially microlines untangled is far from easy as they tend to have a mind of their own. One method I remain unconvinced about is the use of 'line tamers' – basically, a pair of 7' sheaths that velcro closed around each set of lines.

I think the message behind all this is that our wings need to be packed carefully and correctly and stored properly. They are remarkably tolerant to our sometimes casual approach, but that doesn't mean they shouldn't be treated as seriously as the A380 I'm soon to board.

I'll finish on a thought – if we have reserve packing sessions, why not a glider packing tuition session? I'm sure I could learn a lot.

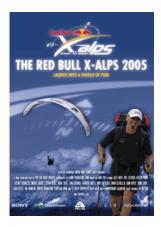
Ed



Library News - Melise Harland

The library catalogue is now on the DHPC website! To access it go to the homepage and you will see the library listed in white lettering on the blue band at the top of the page. If you click on the word Library it will take you to the catalogue so you can have a look, see what we have and have a wish list ready for the next club night. If you would like to preorder any item from the catalogue feel free to send me an e-mail (Melise_Harland@yahoo.co.uk) and I will reserve it for you. Some of the items are now getting a bit dated so if you have any suggestions for things you would like to see here let me know.

If anyone who has an item out of the library would like to write a review over the summer it would be much appreciated, I'm sure people would like to hear someone else's view rather than just mine from time to time, thanks.



DVD Review The Red Bull X-Alps 2005: Launch into a World of Pain

Reviewed by Melise Harland

I declare at the start – I love the X-Alps so I am probably bias on this one! I'm not big on competitive sports but this is a huge personal challenge for everyone involved as well as a race. The pilots are not only competing against each other but have also to battle against the weather, the mountains and their own limits.

The rules are simple "use only a paraglider or your feet to cover 864 km from the Dachstein (Saltzburg) in Austria, crossing the Alps and finish by landing on a raft of the coast of Monaco".

The race is run every other year and although this is an old DVD now it still gives a great insight into what the race is about, what is involved and the dedication and pain involved. One thing that has changed is that they now don't continue during the night as they do in this race. Following last year's trial they are now enforcing a stop for six and a half hours from 22:30 to 5:00 to ensure the pilots get enough rest.

The main film is a gripping 54:30 minutes beginning with views of the Alps which shows how daunting this sort of terrain is. There is then a nice progression from this scenery starting with a piece about how skilled the pilots are who take part. They then go on to an interview with the founder of the race Hannes Arch, give a map of the route including the turnpoints and describing the role of the support team before getting into the race itself. The whole film is beautifully shot giving a good impression of the different ground the athletes have to deal with along the route from the high mountains to rolling hills to quite busy road walking. It mostly focuses on the leaders but also shows the desperate state of some of the back markers. There are some nasty looking feet along the way so if your squeamish you may need to fast forward. The film is a nice balance of interviews, footage of the pilots flying and walking and the wider shots of the scenery with the narrator filling in formation of who is leading etc. In 2005 the weather was pretty dire so not much flying was done but there are some very scary clips of lee side flying in a head wind of around 40mph – not for the faint hearted. I am in awe of all of these pilots and this gives some idea of just how tough it truly is. If I didn't have dodgy knees, was a better pilot and had nerves of steel well I can dream.

There are three extras:-

Airtime is a short film of the flying that was done. As I said above there wasn't much but it shows how skilled these guys are.

Special Features is split into four sections:-

The Athletes – gives a fact sheet for each pilot with a picture and stats from their race including a breakdown of % hiked versus % flown. Toma Coconea the Romanian pilot who didn't finish in 2005 won it in 2011.

The Route – this is the same map as given at the start of the main film but this time with the final GPS tracks of all of the individual pilots.

Slideshow – what it says a slideshow of photographs. These are really nice and there aren't too many.

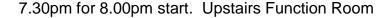
Outtakes – these are short film clips from the support teams' cameras. Most are quite funny, some show how desperate it was when the weather was bad.

Credits this is just a list of production and distribution people.

I really like this but then it is the sort of thing I like. In terms of a paragliding DVD it doesn't show much flying and what there is the average pilot wouldn't want to do. It's a great film though and I'm already looking forward to watching the live tracking of the 2013 race.

Announcing the Dales Club AGM

Thursday 6th December at the Black Horse in Otley, LS21 3AS





All full members of the Dales Hang gliding and Paragliding Club are invited to submit formal proposals to contacts@dhpc.org.uk before 15th November 2012.

There won't be an opportunity to raise issues on the night and this early deadline allows us to give due notice to all members of any contentious issues, so that they can attend if they want to.

There will be a free beer for all participants (see Membership Secretary).

As well as setting membership fees for next year (including the contribution to the Flying Fund), all committee posts are up for re-election. Please feel free to stand. It's a great way to contribute to the club so don't be shy! It's not usually much work and you benefit from the odd free beer and never ending respect of your fellow flyers. OK maybe not the latter but the beer is guaranteed.

There's a brief description of all the roles below. If you want more details then please get in touch.

Chairman

Steer the ship. Convene and control meetings, make decisions and give a (short!) speech at the Farmers' Dinner.

Club Secretary

Club contact for the BHPA and outside agencies. First point of contact for all enquiries. Produce the minutes for all meetings.

Club Treasurer

Maintain the clubs accounts and prepare the end of year accounts. Be at club meetings to reimburse any expenses.

Membership Secretary

Manage the club database and be the point of contact for new members. Distribute membership packs and handle renewals each year. Distribute the Newsletter.

Sites Officers

Liaise with landowners with regard to access, restrictions and rules. Deal with flying complaints and distribute drinks at Christmas. Host at the annual Farmers' Dinner.

Safety Officer

BHPA contact. Organise an annual reserve parachute re-pack session. Monitor all incidents and distribute relevant advice via the Newsletter and Website.

Club Chief Coach

BHPA contact. Act as a focus for recently qualified pilots to assist in their safe progression. This is the one role where previous coaching experience is essential.

Social Secretary

Arrange speakers for winter club nights and organise the annual Farmers' Dinner.

Website

Maintain the website and negotiate hosting.

Newsletter Editor

Produce the monthly newsletter by squeezing squeeze articles, stories and photos out of members.

Trophies

Organise the collection, engraving, cleaning, and distribution of trophies for annual presentation.

Competitions Secretary

Register for the XC League and act as focal point for any competitions. Form a team and organise competitions if there is sufficient interest.

Librarian

Maintain a record of the club's books & DVDs, make them available at club nights and ensure that they are returned in a timely fashion. Review new purchases for the Newsletter.



Bernard Bear Goes Paragliding YOUTUBE



Hang Gliding Coaches

Name	Availability	Location	Email	Contact Telephone Number
Trevor Birkbeck	Various	Ripon	trev.birkbeck@gmail.com	01765 658486
Steve Mann	Weekends	Kirkby Malzeard, Ripon	steve.andbex@btinternet.com	01765 650372
Kevin Gay	Various	Ripon	krgay@talktalk.net	07794950856
Ed Cleasby (Senior power coach) Chief Coach	Various	Ingleton	edcle1@tiscali.co.uk	07808394895

Paragliding Coaches

Name	Availability	Location	Email	Contact Telephone Number				
Sean Hodgson	various	Haworth	sean@ogi.me.uk	07999606084				
Rob Burtenshaw (senior coach)	Sun+various	Oxenhope	burtenshaw@fsmail.net	O7747721116				
John Lawson (Safety)	Various	Leeds/Horsforth	johnklawson@googlemail.com	07747081978				
Peter Balmforth	Weekends	Leeds	peter.balmforth@ntlworld.com	07714213339				
Noel Whittall	Various	Leeds	noel.whittall@googlemail.com	01132 502043				
Alex Colbeck	Weekends	Harrogate	alexcolbeck@hotmail.com	07717707632				
Pete Logan (Secretary)	Various	Shipley	pete@logans.me.uk	07720 425146				
Peter & Sara Spillett	Weekends	Skipton	sara@petensara.com	01756 760229				
Tony Pickering & Zena Stevens (treasurer)	Various	Otley	anthonypaulpickering@hotmail.com	01943 466632				
Kevin McLoughlin (Comps)	Weekends	Lancaster	Kevin-mcloughlin@hotmail.com	07767 652233				
Martin Baxter (chair)	Weekdays	Skipton	mrbaxter@hotmail.co.uk	07775785479				
Ronald Green	Weekends	Hartlepool	ronaldgreenpilot@hotmail.com	07403068944				
Fred Winstanley	Various	Higher Bentham	fredwinstanley@sky.com	0777041958				
Richard Shirt	Weekends	York	rshirt@advaoptical.com	07786707424				
James Watson	Weekends	Leeds	james@primaryictsupport.co.uk	01132 825827				
Andy Bryom	Weekends	Keighley	andy.active@unicombox.co.uk	07796 421890				
Dave Couthard	Weekends	Leeds	d.coulthard2@ntlworld.com	07595895149				
Ed Cleasby	Various	Ingleton	edcle1@tiscali.co.uk	07808394895				
Kate Rawlinson	W/e's and school hols	Laneshaw Bridge/ Colne	katerawlinson@hotmail.co.uk	07976510272				

Inter County PG Comp 2012 03/10/2012

Lancashire vs Yorkshire vs Derbyshire

	Pilot Club EN D group								5 Pts	Lancs	Derbys	hire	Yorksh	ire		
2	Phil Colbert	Pennine Niviuk	Peak 2	907	220.1	204 1	129.1	128.1	113.4	112.2	10	10				
3	Barney Woodhe		ne Niviuk Ic				852	220.1	174.9	131.2	118.3	111.6	95.9	9	9	
6	Philip Wallbank			807	171.5	150.4	132.7	130.8	114.8	106.8	8	8	55.5	,	,	
9	Mark Wilson	Pennine Niviuk		682.7	220.1	150.4	103.5	75.4	72.7	60.6	7	7				
14	Michael Endaco		ne Niviuk Pe		615.9	174	159.9	90.1	78.6	65.6	47.7	6	6			
15	Helen Gant	Derbyshire	Niviuk Pe		607.8	173.6	95.6	92.4	87.7	79.5	79	5		5		
18	Andy Wallis	Derbyshire	Niviuk Pe		565.6	170.8	123.8	111.7	66.4	48.6	44.3	4		4		
19	Richard Carter	Derbyshire	Ozone M			562.4	204.1	120.8	72.4	57.4	56.8	50.9	3		3	
20	Ash Ghinn	Derbyshire	Ozone M			172.7	87.9	76.4	66.5	64.6	64.4	2		2		
22	Richard Butterv	•	neNiviuk Ic			142.1	124.3	74.6	64.1	54.9	53.7	1	1			
30	Neil Furmidge	Derbyshire	Advance	•		457.3	121.1	77.3	75.8	67.1	65	51				
78	Ruth Churchill Dower Derbyshire Advance Omega					a 8	241.3	84.9	45.8	32.7	31.8	31.5	14.6			
85	Phil Steele	Derbyshire	Ozone M	14	226.3	80.3	52.3	33.3	29.2	16.2	15					
142	Alan Ford	Derbyshire	Niviuk Pe	eak 2	102.9	60	21.2	11.3	10.4							
217	Kenny Ebbrell	·														
	EN C group															
13	Alex Colbeck	Dales APCO	Zefira	623.8	220.1	132.1	93	82.9	53.1	42.6	10			10		
25	Richard Carter	Cayley Skywa	ılk Cayenne	e 4	486.1	116.4	106.6	93.6	70.1	50.6	48.8	9			9	
39	David Smart	North Yorks	Advance	Sigma	8	429.6	100.6	87	84.2	82.2	47.3	28.3	8			8
42	Phil Bibby	Derbyshire	Gradient	t Avax >	XC 2	398.8	122.3	100.7	44.9	44.3	43.4	43.2	7		7	
54	Simon Baillie	Pennine Niviuk	Artik 2	337.2	102.3	90.5	48.5	40.7	29.4	25.8	6	6				
58	Dean Crosby	Dales Nova	Factor 2	322.3	158.2	72.1	50	42			5			5		
67	Gordon Bishop	Derbyshire	Advance	Sigma	8	281.8	61.6	53.9	46.3	42.5	39.2	38.3	4		4	
68	Stephen Hudson Derbyshire Mac Magus XC 2					279.8	110.7	110.1	30.9	28.1			3		3	
71	John Murphy	Pennine Escap			146.1	45.4	37.6	13.3	13.1	12.6	2	2				
72	Chris Fountain	Dales Ozone		267.7	62	58.9	52.2	44.9	24.9	24.8	1			1		
76	Andy Chapman	Derbyshire	Ozone D	elta	252.4	95.3	76.6	30.3	24.3	13.4	12.5					

77	Paul Winterbottom	Pennine	eOzone Delta	243.1	76.6	38.1	34.6	33.8	30.5	29.5				
94	John Stevenson Derby	shire	Ozone Delta	201.4	81.3	32.9	31.1	21.8	18	16.3				
96	5				37.7	31.1	30.8	26.6	21.6					
100			k Cayenne 4	187.4	121.7	21.4	15.9	14.5	13.9					
101	Chris Williams Pennir	ne Niviuk <i>I</i>		98.3	38.4	26.1	13.5	10.7						
106	Denis Walker Derby	shire	Advance Sign		183.3	46	40.6	34.2	27.1	22	13.4			
134	Nigel Prior Derby	shire	Nova Factor 2	2 115.1	47.4	36.9	30.8							
139	Dave Allen Derby	shire	Niviuk Artik 2	106.6	48.9	45.5	12.2							
140	Mark Smith Derby	shire	Ozone Delta	104.5	31.8	21.9	19.4	18.8	12.6					
156	Kevin McLoughlin	Dales	Nova Factor	81.9	19.9	14.1	13.8	11.8	11.6	10.7				
169	Gary Holtby Derby	shire	Ozone Delta	69.8	52.2	17.6								
186	Dale Pickard Pennir	ne Advanc	e Sigma 8	44.8	18.1	15.7	11							
188	Jimmy Piper Derby	shire	ozone delta	41.4	41.4									
195	Austin Pinkney Pennir	ne Gradier	nt Aspen3	35.2	35.2									
196	Andy Archer Pennir	ne Skywall	k Cayenne	35.1	14	10.9	10.2							
200	Pat Dower Derby	shire	Niviuk Artik 3	30.9	30.9									
214	Simon Tomlinson	Derbys	hire Adva	nce Sigma	a 8	20.9	10.8	10.1						
	EN B group													
24	Chris Jackson Derby	shire	Nova Mentor	2 492.3	152.8	89.4	74.2	67.2	65	43.7	10		10	
26	H H Tsai Cayley	/ Nova M	lentor 2 482.3	122.8	114.5	94.5	77.8	37.5	35.2	9			9	
38	Simon Gant Derby	shire	Nova Mentor	2 433.5	169.7	100.9	60.5	55.7	46.7		8		8	
50	Jake Herbert Dales	Nova M	lentor 2 368.7	' 107.4	71.4	52.5	50.9	50.4	36.1	7			7	
56	Nigel Brevitt Derby	shire	Nova Mentor	2 324.7	67.6	63.7	52.5	47.6	46.9	46.4	6		6	
61	Robert Heywood	Derbys	hire Nova	Mentor 2	300.1	143.4	52.4	37.1	24.1	22.6	20.5	5		5
80	Ella Pyrah Derby	shire	Ozone Rush 3	239.6	72.5	57.4	32.4	31.8	24.5	21	4		4	
114	Simon Blake Pennir	าeGin Spr	int Evo 151.4	47.6	30.6	23.2	19.2	15.7	15.1	3	3			
120	Will Cove Derby		Gin Sprint Ev		81.7	20.8	14.8	13.7	10.1		2		2	
128	John Baxby Pennir	ne Escape	S'Pace 126.3	52.9	22.7	21.4	16.3	12.8		1	1			
136	Richard Cardwell	North Y	orks Nova	Mentor 2	112.2	59.3	41.7	11.2						
149	David Luff Derby	shire	Sky Atis 2	91.1	44.8	33.9	12.4							
162	Anthony Grady Derby	shire	Nova Mentor	2 77.5	16	13.2	13.1	12.4	12.2	10.6				
167	Keith Eastwood Pennir	ne Gradier	nt Golden 2	73.5	50.1	12.4	11							
185	William Swires Pennir	ne Icaro Ir	ncanto 47.2	22.2	15	10								
212	Simon Goodman	Dales	Gin Sprint Ev	24.9	24.9									
221	Ken Sinclair Derby		Nova Mentor		11									
222	Kate Rawlinson Dales			10.3										
Sorry	Sorry it's all over the place struggled copying it, Kate									S TO-DA	TE	53	63	49